

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

Seabury  at Springvale Terrace
Senior & Assisted Living




Kentucky Derby Day! **1**
 10:00 Daily Chronicle
 11:00 Face Time Visits
 1:30 Exercise w/Greg – C


 6:00 **Kentucky Derby Race!**


10:00 Church Fusion Service w/Reverend Coates – C **2**
 10:00 Daily Chronicle
 10:00 Facebook Live Virtual Church Service
 10:30 Televised Catholic Mass – Comcast Ch. 23
 3:00 **Pitty Pat Club w/Yvette – GR**

Community Service Project 3
Shepherd's Table Food Drive
 Donation Box at Front Desk


 10:00 Daily Chronicle
 11:00 Jeopardy Trivia w/Cara – T
 2:00 **Recycling Meeting – T**
The Plastic Ocean Documentary

9:30 Resident Bus Outing 4
Wheaton Mall
 10:30 Virtual Yoga w/Regine
 1:30 **Zumba – P**
 2:00 **Trash Pickup**
 2:30 **Timeless Tuesday's – T**
Liza Minelli Biography
 3:00 "Goody Cart" Visits


Cinco de Mayo! Happy Birthday Guy! 5
 10:15 Crossing???
 2:00 **Celebrate Cinco de Mayo! Margaritas & Quesadillas! – C**

 6:00 **Resident Book Club - C**
 Cinco de Mayo

9:30 Resident Bus Outing 6
Safeway
 10:00 **HomeAgain Virtual Tour w/Cara – P**
 1:30 **Zumba – P**
 2:00 **Trash Pickup**
 2:00 **Mindful Meditation- P**
 3:00 **Towne Hall Zoom Event w/Marcy Hunter**
 3:00 "Goody Cart" Visits


Happy Birthday Walter! 7
 10:00 Daily Chronicle
 11:00 **Art History Lecture - T**
 11:30 Virtual Yoga w/Regine
 1:30 **Aging Discussion Group Senior Planet Live – P**
 2:30 **Cinema Society – T**
Oscar Winner – Mank

10:00 Daily Chronicle 8
 11:00 Face Time Visits
 1:30 Exercise w/Greg – C
 2:30 **Dr. Kelly's Wiz Quiz! - C**

 6:00 **Library Club – L**


Happy Mother's Day! 9
 10:00 Daily Chronicle
 10:00 Facebook Live Virtual Church Service
 10:30 Televised Catholic Mass – Comcast Ch. 23
 3:00 **Pitty Pat Club w/Yvette – GR**
 Mother's Day

10:00 Daily Chronicle 10
 11:00 Trivia Time w/Cara – T
 2:00 **Monthly Dining Meeting w/Aaron Harris - C**
 3:00 **Drama Club – C**
 Short Skit Reading
 6:00 **Storytelling w/Daniel - P**


9:30 Resident Bus Outing 11
Dollar Tree
 10:30 Virtual Yoga w/Regine
 1:30 **Zumba – P**
 2:00 **Trash Pickup**
 2:30 **Timeless Tuesday's - The Three Tenors – London 1996**
 3:00 "Goody Cart" Visits

Happy Nurses Day! 12
 10:00 Daily Chronicle
 10:15 **Crossing Path's Zoom w/Don Bosco H.S**
 2:00 **Trash Pickup**
 2:00 **Bingo – P**
 3:00 **Happy Hour! – C**


9:30 Resident Bus Outing 13
Wal Mart
 10:00 **HomeAgain Virtual Tour w/Cara – P**
 1:30 **Zumba – P**
 2:00 **Trash Pickup**
 3:00 **Resident Services Meeting w/Cara – Zoom Event**
 3:00 "Goody Cart" Visits

Happy Birthday Tom! 14
 10:00 Daily Chronicle
 11:00 **Art History Lecture - T**
 11:30 Virtual Yoga w/Regine
 2:30 **Cinema Society – T**
The Two Popes – Oscar Nominated Anthony Hopkins



Preakness Race! 15
 10:00 Daily Chronicle
 11:00 Face Time Visits
 1:30 Exercise w/Greg – C
 6:00 **Preakness Race from Pimlico!**

 Armed Forces Day

10:00 Daily Chronicle **16**
 10:00 Facebook Live Virtual Church Service
 10:30 Televised Catholic Mass – Comcast Ch. 23
 3:00 **Pitty Pat Club w/Yvette – GR**
 Shavuot Begins


10:00 Daily Chronicle **17**
 11:00 Brain Games w/Cara – T
 2:00 **Live Virtual Concert w/Dale Jarrett! – T**
 3:30 **Spring Social – C**
Horseshoes & Corn Hole Games!

9:30 Resident Bus Outing 18
Aldi
 10:30 Virtual Yoga w/Regine
 1:30 **Zumba – P**
 2:00 **Trash Pickup**
 2:30 **Timeless Tuesday's – Bob Dylan by Martin Scorsese Documentary**
 3:00 "Goody Cart" Visits

10:00 Daily Chronicle **19**
 10:15 **Crossing Path's Zoom w/Don Bosco H.S**
 2:00 **Trash Pickup**
 2:00 **Bingo – P**
 3:00 **Happy Hour! – C**


Happy Birthday Woody & Clarence! 20
9:30 Resident Bus Outing Giant
 10:00 **HomeAgain Virtual Tour w/Cara – P**
 1:30 **Zumba – P**
 2:00 **Trash Pickup**
 2:00 **Mindful Meditation - P**
 3:00 "Goody Cart" Visits


10:00 Daily Chronicle **21**
 11:00 **Art History Lecture - T**
 11:30 Virtual Yoga w/Regine
 1:30 **Aging Discussion Group Senior Planet Live – P**
 3:00 **Ice Cream Social! – C**


10:00 Daily Chronicle **22**
 11:00 Face Time Visits
 1:30 Exercise w/Greg – C
 2:30 **Dr. Kelly's Wiz Quiz! - C**

 6:00 **Library Club - L**


10:00 Daily Chronicle **23**
 10:00 Facebook Live Virtual Church Service
 10:30 Televised Catholic Mass – Comcast Ch. 23
 3:00 **Pitty Pat Club w/Yvette – GR**


10:00 Daily Chronicle **24**
 11:00 Jeopardy Trivia w/Cara - T
 2:30 **Feldenkrais Method – Easy Movements for Life- Range of Motion - P**
 3:30 **Nursing Nuggets w/Sara Huether, DON – Zoom Event**
 6:00 **Storytelling w/Daniel - P**
 Victoria Day (Canada)

9:30 Resident Bus Outing 25
Forman Mill
 10:30 Virtual Yoga w/Regine
 1:30 **Zumba – P**
 2:30 **Monthly "Tool Time" Maintenance Meeting w/Edgar- C**
 3:00 "Goody Cart" Visits

10:00 Daily Chronicle **26**
 10:15 **Crossing Path's Zoom w/Don Bosco H.S**
 2:00 **Trash Pickup**
 2:00 **Bingo – P**
 3:00 **"Getting to Know You" Welcome New Residents – C**


9:30 Resident Bus Outing 27
CVS/Whole Food
 10:00 **HomeAgain Virtual Tour w/Cara – P**
 1:30 **Zumba – P**
 2:00 **Trash Pickup (C)**
 2:30 **Monthly Birthday Party**


10:00 Daily Chronicle **28**
 11:00 **Art History Lecture - T**
 11:30 Virtual Yoga w/Regine
 2:00 **Live Concert w/the Plummer Family – C**
 3:00 **TGIF Happy Hour!**


10:00 Daily Chronicle **29**
 11:00 Face Time Visits
 1:30 Exercise w/Greg – C


105th Indianapolis 500 Race! 30
 10:00 Daily Chronicle
 10:00 Facebook Live Virtual Church Service
 10:30 Televised Catholic Mass – Comcast Ch. 23
 11:00 **Race Coverage Begins – NBC – T**
 3:00 **Pitty Pat Club w/Yvette – GR**

Memorial Day 31

 10:00 Daily Chronicle
 2:00 **Memorial Day Cookout!**
 Memorial Day

Room Locator
 P – Parlor
 L – Library
 T – Theater
 C- Courtyard
 GR – Game Room 2nd Floor

Springvale Terrace is Celebrating Community
 Please Donate to our Spring Food Drive for Shepherd's Table

8505 Springvale Terrace Silver Spring, MD 20817 301-587-0190

